

Report on the Awareness Program on (CPR)

Organised at Ramachandra College of Engineering, Eluru

An awareness programme on **Cardiopulmonary Resuscitation (CPR)** was conducted at **Ramachandra College of Engineering (RCE), Eluru**, on **27th Aug 2024** to educate students and staff on the life-saving procedure of CPR in emergency situations. The session was conducted by **Dr. Bhavya Chand, Orthopaedic Surgeon, Eluru**, who emphasised the importance of timely intervention in cardiac emergencies.

The programme commenced with a welcome address by **Dr. Subramanya Sarma S, Dean of Academics**, who highlighted the significance of learning CPR to handle sudden cardiac arrests effectively, especially in public spaces and workplaces.

Dr. Bhavya Chand explained the **concept, necessity, and critical steps of CPR**, including chest compressions and rescue breathing techniques. A **live demonstration** was conducted to illustrate the correct hand positioning, compression depth, and rhythm to be followed during CPR. The session also covered **dos and don'ts during emergency situations**, ensuring participants understood how to respond without panic.

Students and staff actively participated in the interactive session, clarifying their doubts regarding handling unconscious patients, using Automated External Defibrillators (AED), and identifying signs of cardiac arrest.

The programme concluded with a vote of thanks delivered by **Dr. Subrmanyeswara Rao , Head of the Department of FED** , appreciating Dr. Bhavya Chand for the insightful session and encouraging students to spread awareness of CPR within their communities.

Overall, the awareness programme enhanced the participants' knowledge and confidence in administering CPR, aligning with the institution's commitment to fostering socially responsible and health-conscious citizens.

Coordinator

Principal